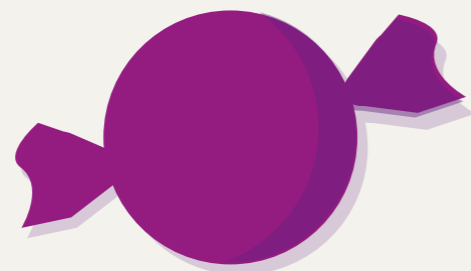




WHAT COULD YOU GIVE UP FOR CHRISTMAS?



That fancy coffee on the way to work.



The extra tin of 'just in case' sweets.



One less stocking filler won't make you a Grinch.



Are those 'luxury' mince pies really that different?



That extra bottle of wine for the cupboard.



Does the trolley really have to be full to the brim?



Make do with last year's decorations.



Let's be honest, does anybody like sprouts?



Stamps. Cards. It amounts to quite a lot. Send an e-card!



Will your Dad really appreciate that novelty tie?



Swap Secret Santa for a donation instead.



Ribbons and bows just make it harder to get to the present.



Isn't this year's Xmas album just the same as last year's?



One less dessert equals one hot meal.



That last 'one for the road'.